



Renewing your vitality since 2003

Testosterone

Testosterone is a hormone produced in both men and women.

Testosterone helps maintain:

- ◆ Bone density
- ◆ Fat distribution
- ◆ Muscle strength and mass
- ◆ Red blood cell production
- ◆ Sex drive
- ◆ Energy
- ◆ Focus and concentration
- ◆ Stamina

[Testosterone replacement therapy](#) can improve the signs and symptoms of low testosterone in many men and women.

Low testosterone (hypogonadism in men) can be caused by many factors, all of which play out against the normal steady decline in testosterone levels with age.

Testosterone clearly plays a major role in health, vitality and fertility, but achieving healthy levels must be done the right way under strict physician supervision.

Testosterone can be administered via injection



Testosterone can be applied via topical cream



1-800-325-1325 ◆ www.healthgains.com